




















Program	Date	Solstice	Sky Active
Monthly Promo	5/1	<p>[Hold for promo – MP&amp;F customizes the promo post each month to match the flyers, graphics, ads, etc.]</p>	<p>[Hold for promo – MP&amp;F customizes the promo post each month to match the flyers, graphics, ads, etc.]</p>
Elevate Dining	5/3	<p>Enjoy the sunny and lively spirit of summer through our Elevate® dining program! Our talented chefs are ready to satisfy your sweet and savory cravings, crafting menus that capture the flavors of the season.</p> <p>Visit the link below to learn more about our Elevate® dining program.  <a href="https://solsticeseniorlivingXX.com/our-community/elevate-dining/">https://solsticeseniorlivingXX.com/our-community/elevate-dining/</a></p> 	<p>Enjoy the sunny and lively spirit of summer through our Elevate® dining program! Our talented chefs are ready to satisfy your sweet and savory cravings, crafting menus that capture the flavors of the season.</p> <p>Visit the link below to learn more about our Elevate® dining program.  <a href="https://COMMUNITYseniorliving.com/our-community/elevate-dining/">https://COMMUNITYseniorliving.com/our-community/elevate-dining/</a></p> 
Holiday	5/5	<p>Happy Cinco de Mayo! Celebrate this historic day in Mexican American history, when the Mexican army won a key victory over France at the Battle of Puebla during the Franco-Mexican War in 1862.  #SolsticeCelebrates</p> 	<p>Happy Cinco de Mayo! Celebrate this historic day in Mexican American history, when the Mexican army won a key victory over France at the Battle of Puebla during the Franco-Mexican War in 1862. #SkyActiveCelebrates</p> 

<p><b>Path to Wellness</b></p>	<p>5/9</p>	<p>At Solstice, we realize wellness encompasses more than just your physical health. Our Path to Wellness program approaches wellness from a holistic view: engaging your mind, body and spirit!</p> <p>From completing brain teasers to daily walks, our Path to Wellness program has you covered.</p> <p><a href="https://solsticeseniorlivingXX.com/path-to-wellness/">https://solsticeseniorlivingXX.com/path-to-wellness/</a></p>  	<p>At Sky Active, we realize wellness encompasses more than just your physical health. Our Path to Wellness program approaches wellness from a holistic view: engaging your mind, body and spirit!</p> <p>From completing brain teasers to daily walks, our Path to Wellness program has you covered.</p> <p><a href="https://COMMUNITYseniorliving.com/">https://COMMUNITYseniorliving.com/</a></p>  
<p><b>Holiday</b></p>	<p>5/12</p>	<p>Happy Mother's Day!</p> <p>"A mother's love is more beautiful than any fresh flower." – Debasish Mridha</p>	<p>Happy Mother's Day!</p> <p>"A mother's love is more beautiful than any fresh flower." – Debasish Mridha</p>

		<p>#SolsticeCelebrates all moms and mother figures today.</p>  <p>A graphic for Mother's Day from Solstice Senior Living. It features the text 'HAPPY Mother's Day' in pink and blue, with the Solstice logo and '#SolsticeCelebrates' at the bottom. The background is light blue with pink roses and flowers on the right side.</p>	<p>#SkyActiveCelebrates all moms and mother figures today.</p>  <p>A graphic for Mother's Day from Sky Active Living. It features the text 'HAPPY Mother's Day' in blue and black, with the Sky Active Living logo at the bottom. The background is light blue with pink cherry blossoms at the top.</p>
Blog	5/14	<i>Hold for blog content</i>	<i>Hold for blog content</i>
Family Resources	5/17	<p>We understand choosing the right independent living community can be an intimidating decision. Our Cost Calculator helps you envision your life at Solstice. Compare your costs to help make the decision easier:  <a href="https://solsticeseniorlivingXX.com/cost-calculator/">https://solsticeseniorlivingXX.com/cost-calculator/</a></p>  <p>A graphic for Solstice Senior Living titled 'Find your perfect fit!'. It shows an elderly man and a young boy smiling. The Solstice logo is at the bottom. A caption below reads: 'Bill Atkinson, Solstice at Auburn resident'.</p>	<p>We understand choosing the right independent living community can be an intimidating decision. Our Cost Calculator helps you envision your life at Sky Active. Compare your costs to help make the decisions easier:  <a href="https://XXseniorliving.com/cost-calculator/">https://XXseniorliving.com/cost-calculator/</a></p>  <p>A graphic for Sky Active Living titled 'FIND YOUR perfect fit'. It shows an elderly man and a woman smiling. The Sky Active Living logo is at the bottom. A caption below reads: 'Novel, resident at The Bonaventure and Connie Shahinian, Executive Director'.</p>
Holiday	05/18	<p>Happy Armed Forces Day! Solstice honors the brave hearts who serve our nation.  #SolsticeCelebrates</p>  <p>A graphic for Happy Armed Forces Day from Solstice Senior Living. It features the text 'HAPPY ARMED FORCES DAY' in white and red on a dark blue background with an American flag motif. The Solstice logo and '#SolsticeCelebrates' are at the bottom.</p>	<p>Happy Armed Forces Day! Sky Active honors the brave hearts who serve our nation.  #SkyActiveCelebrates</p>  <p>A graphic for Happy Armed Forces Day from Sky Active Living. It features the text 'HAPPY ARMED FORCES DAY' in white and red on a dark blue background with an American flag motif. The Sky Active Living logo is at the bottom.</p>

<p><b>Vibrant Life</b></p>	<p>5/20</p>	<p>Master an art class, connect with family and friends, or tap into your competitive spirit — all with our Vibrant Life® program!</p> <p>Visit the link below to learn more:  <a href="https://solsticeseniorlivingXX.com/our-community/vibrant-life/">https://solsticeseniorlivingXX.com/our-community/vibrant-life/</a></p> 	<p>Master an art class, connect with family and friends, or tap into your competitive spirit— all with our Vibrant Life® program!</p> <p>Visit the link below to learn more:  <a href="https://COMMUNITYseniorliving.com/our-community/vibrant-life/">https://COMMUNITYseniorliving.com/our-community/vibrant-life/</a></p>  
<p><b>Review</b></p>	<p>5/24</p>	<p>Solstice is truly resident-driven. Our community offers our residents diverse opportunities to create their dream independent life!</p> <p>Explore our community’s offerings by visiting our website for more information:  <a href="https://solsticeseniorlivingXX.com">https://solsticeseniorlivingXX.com</a></p>	<p>Sky Active is truly resident-driven. We strive to create communities that offer our residents diverse opportunities to create their dream independent life!</p> <p>Explore our community’s offerings by visiting our website for more information:  <a href="https://COMMUNITYseniorliving.com/">https://COMMUNITYseniorliving.com/</a></p>



		<p>““</p> <p>They were friendly and informative. It was clean and organized. You could just see somebody being happy there.... They had a bookroom where you could read and games to play.... There were always activities of some sort. I just really enjoyed it.</p> <p>””</p> <p>– Solstice Visitor</p>	<p>““</p> <p>My Mom has been here two years... The staff members are soooooo friendly and I’ve eaten at every mealtime – all delicious! She’s made so many friends and is busy every time I call from Chicago. I would HIGHLY recommend this facility.</p> <p>””</p> <p>– Sky Active Resident Family Member</p>
<b>Holiday</b>	5/27	<p>Today we remember those who lost their lives while fighting for our country. We are so grateful for their service. #SolsticeCelebrates</p> 	<p>Today we remember those who lost their lives while fighting for our country. We are so grateful for their service. #SkyActiveCelebrates</p> 
<b>E-Book</b>	5/29	<p>Expressing yourself through your living space is a fun and beautiful way to personalize your life at Solstice.</p> <p>Read about all the ways to personalize your room in the “Make Your New Space Feel Like Home” E-Book. <a href="https://solsticeseniorliving.com/making-the-move-to-senior-living/#wellness">https://solsticeseniorliving.com/making-the-move-to-senior-living/#wellness</a></p> <p>[Link will auto-populate]</p>	
<b>Community Feature</b>	5/31	[Hold for community feature]	[Hold for community feature]